



**DEEP LIVING**  
**Transforming Your Relationship to the**  
**Inner Critic Transforms Your Relationship to Life**  
**with Roxanne Howe-Murphy, EdD**

**RETREAT SCHEDULE**  
**Mercy Center Burlingame**  
**March 1-3, 2018**

**Thursday:**

3:00 p.m. Arrivals, registration, settle in time  
6:00 Dinner  
7:00 – 9:30 **Opening Session**

**Friday:**

7:30 – 8:30 a.m. Breakfast  
9:00 – 12:00 **In Session**  
12:00 – 1:00 p.m. Lunch  
3:00 – 6:00 **In Session**  
6:00 – 7:00 Dinner  
7:00 – 9:30 **In Session**

**Saturday:**

7:30 – 8:30 a.m. Breakfast  
9:00 – 12:00 p.m. **In Session**  
12:00 – 1:00 Lunch & Departure